USDA Mission Statement: The Food and Nutrition Service (FNS) and Center for Nutrition Policy and Promotion (CNPP) are agencies of USDA's Food, Nutrition, and Consumer Services.
FNS works to end hunger and obesity through the administration of 15 federal nutrition assistance programs including WIC, Supplemental Nutrition Assistance Program (SNAP), and school meals. In partnership with State and Tribal governments, our programs serve one four Americans during the course of a year. Working with our public, private and nonprofit partners, our mission is to increase food security and reduce hunger by providing chil-
dren and low-income people access to food, a dren and low-income people access to food, a healtcul det and nurrion education in a way that suppors Anficen No Ame and spires public cond have to go hungry.
We are committed to ensuring access to health and safe food for those participating in our programs including expecting mothers, infants income families going to food banks, local farmers markets, and ocal supermarkets. These re investents that support These are investments that support education, heal committed to the sound stewardship of tayer dollars through ageresive efforts taxpayer and thers revent fraud and increase efficiency.
FNS is proud of our accomplishments, which nclude:
Increasing access to nutritious and safe food for eligible people; helping to reduce the number of eligible people; helping to reduce the number of food security; partnering with schools to imple mand the quality of food served and sold in schools; promoting healthful diets and active lifestyles among those participating on our programs. reducing improper payments in the largest nutrition assistance program SNAP; our chal lenge and commitment now, and in the future is to ensure our programs continue to respond to the needs of the low-income families and respond to the changing economic conditio while ensuring we remain vigilant stewards of taxpayer dollars.

MEAL COST
Breakfast............... $\$ 1.25$
Lunch...................... $\$ 2.50$
Extra Milk.............. $\mathbf{\$ 0 . 3 5}$
FRUIT \& VEGGIE BAR Included in Meal Price Available for all K-12 Students

PRESCHOOL MEALS
Meals are as listed.
NO alternatives, unless medically necessary.


## November 2016 - District Menu

K-12 GRADE MEALS DAILY BREAKFAST
1-Hot or Cold Entrée Fresh Fruit Choice of Drink 1\% White Milk *Skim Flavored Milk (Chocolate or Strawberry)
BREAKFAST CART with Cereal \& Pop Tarts

DAILY LUNCH 1-Hot or Cold Entrée Choice of 2 Vegetables Choice of 2 Fruits Choice of Drink $1 \%$ White Milk *Skim Flavored Milk (Chocolate or Strawberry)

Starting Aug. 18th a salad will be available for a 2 nd entrée. (MS/HS ONLY)

1. Chef Salad
2. Oriental Salad
3. Fajita Salad
4. Chicken Berry Salad

They will rotate these 4 salad choices.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 Pancakes <br> Crispitos, Cheese \& Chips, Corn, Peaches | 2 Cook's Choice <br> Breakfast for Lunch, Tri Potato, Fruit Cups | 3 Sausage Biscuit <br> Chicken \& Noodles, Mashed Potatoes, Pears | 4 Long Johns <br> Cook's Choice | 5 |
| 6 | 7 Breakfast Bread <br> Breaded Chicken Sandwich, Green Beans, Pineapple | 8 Mini Donuts <br> Super Nachos, Chips \& Cheese, Corn, Applesauce | $\begin{aligned} & 9 \text { Mini Loaf \& } \\ & \text { Yogurt } \\ & \text { Pulled Pork } \\ & \text { Sandwich, Baked } \\ & \text { Beans, Mixed Fruit } \end{aligned}$ | 10 French Toast <br> Pasta w/ Meat <br> Sauce, Peas, <br> Bananas | 11 Long Johns <br> Three Cheese Pizza, Broccoli, Pears | 12 |
| 13 | 14 Cook's Choice Chicken Nuggets, Rice Casserole (612), Smile Potatoes, Pineapple | 15 Biscuits \& Gravy <br> Chicken Fajitas, Corn, Peaches | 16 Breakfast Pizza <br> Cook's Choice, Veggie, Fruit | 17 Breakfast Bread <br> Thanksgiving <br> Celebration Meal | 18 Long Johns <br> Cheeseburgers, Baked Beans, Applesauce | 19 |
| 20 | 21 Mini Muffin <br> Chicken Wrap, Corn, Pineapple | 22 Long Johns <br> Flying Saucer (ham, mashed potatoes, cheese), Pears | 23 <br> No School Thanksgiving Break | 24 <br> No School Thanksgiving Break | 25 <br> No School Thanksgiving Break | 26 |
| 27 | 28 Pancakes <br> Cook's Choice, Veggie, Fruit | 29 Sausage Biscuit <br> Corn Dogs, Mac n' Cheese, Green Beans, Mixed Fruit | 30 Mini Loaf \& Yogurt <br> Taco's, Corn, Peaches |  |  |  |

